

Spring Greetings to everyone! We are grateful for each one of you! Our state of California has the largest membership volume with over 3,000 dedicated

members. Thank you for making a difference in the lives of hirthing people and newborns

Thank you for making a difference in the lives of birthing people and newborns.

Our CA Section Hybrid Conference Riding the Wave to Nursing Excellence in Orange, CA in February was amazing. We had over 350 in person and virtual attendees! Our Diaper Drive collected over 700 diapers and 700 wipes. The Every Woman Every Baby (EWEB) Campaign exceeded the Section goal of \$2,024. Our speakers were spectacular, and our sponsors showcased fabulous products and resources. Special thanks to our phenomenal Planning Committee and our Student Nurse volunteers from UCI and Western University of Health Sciences.

Be on the lookout for the upcoming EWEB Virtual 5K to celebrate Nurses Week. Gather friends and Chapter members, order your T-Shirt, and share photos with us.

Our CA Section will have representation at AWHONN on Capitol Hill in April where we will visit Washington DC and discuss current bills with members of Congress. Please consider joining us for an empowering event.

Looking forward to seeing many of our members in Phoenix, AZ in June at our National Conference.

Stay tuned for a CA gathering as well as a chance to attend a fun filled party with other Section friends.

Thank you for spreading the word and encouraging friends, colleagues, and students to become AWHONN members and make a difference in the lives of our birthing communities and newborns.

Warmly, Sue Stone

GREETINGS FROM YOUR SECRETARY/TREASURER

Greetings AWHONN California!

Shortly after another successful CA Conference, your leadership team and the 2025 CA Conference Planning Committee have started working on the next conference, which will be held in Northern California!

In the meantime, we are excited to share that we will meet with legislative leaders in Washington, D.C., this month. AWHONN's support of several bills will help to significantly improve maternal and child health in California and throughout the nation.

We look forward to seeing many of you in Phoenix, Arizona, in June at the National Conference and at our California Luncheon, where you will receive your CA sash. Please be on the lookout for more information, and register to let us know you will attend.

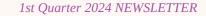
As always, look after yourselves and keep doing amazing things! Blessings,





Section Chair

Marinda du Toit



AWHONN CA P2

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 1st Quarter 2024 NEWSLETTER

 AWHONN CA P5

 THANK YOU TO OUR CONFERENCE VOLUNTEERS & SPEAKERS

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ACCOUNTABILITY, BELONGING & CULTURE Brandy Frye

The Code of Ethics for Nurses with interpretive statements is a cornerstone of professional nursing practice and outlines how the professional nurse should approach patient care. One of the core fundamentals of nursing practice is that "The nurse practices with compassion and respect for the inherent dignity, worth, and unique attributes of every person." (ANA, 2015). Different health factors contribute to health outcomes, such as length or quality of life. Typically, when people think about what makes a population healthy or unhealthy, we first consider health behaviors and the social determinants of health, not the clinical care people receive at the bedside. An accurate and comprehensive approach to health equity requires addressing the social and delivery system factors driving inequity. We must actively work towards dismantling belief systems and structures that perpetuate systemic racism in Nursing. In the spirit of inquiry and to better understand ourselves as well as the communities we serve, the CA AWHONN section leadership team is launching a pilot program in the late spring of 2024. If you are interested in participating or if you are interested in hearing more about this 6 - week program please access the hyperlink here, complete the form, and a member of the research team will reach out to you. Our Stories Interest form



A safe place to learn, grow, understand.

My skin color is different from yours. My life experiences are different from yours. Let's listen to each other's stories. Together let's build some peace.

We can bring

peace to America. Five white people and five people of color meet via zoom with trained facilitators for six weeks.

You can learn more at www.OurStoriesOnRace.org .



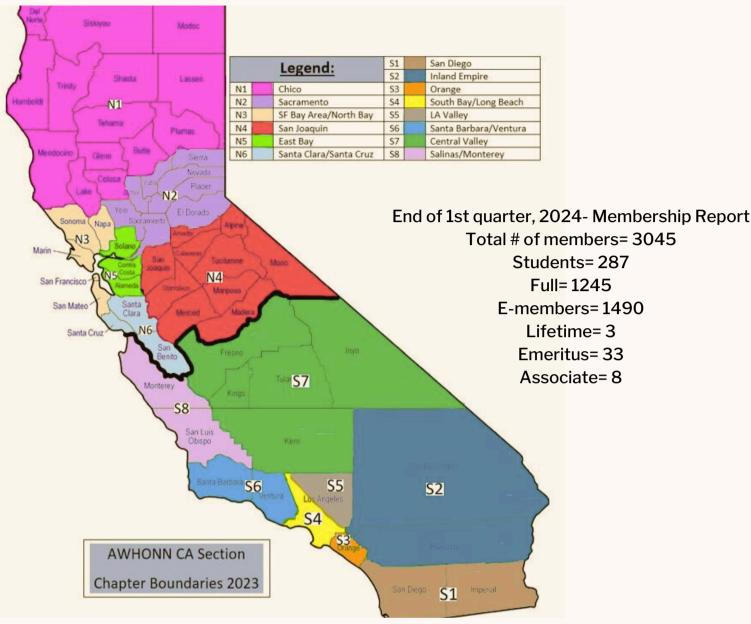
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The terrifying rate of morbidity and mortality experienced by people who do not identify as white is stunning! Nurses must come together as social justice advocates and be part of the solution. To fully address health disparities and to better serve the marginalized populations within our communities we must

be willing to have brave conversations on our lived experiences This program is a six-week program entitled Our Stories. If you are interested in hearing more about this program and possibly participating in the pilot, please access using the QR code above and complete the form.

MEMBERSHIP UPDATE

Laura Senn, NoCal



YOUR SECTION LEADERSHIP TEAM

Section Chair Sue Stone, MSN RN PHN RNC-OB, C-EFM srstone.rn@gmail.com

Section Secretary/Treasurer Marinda du Toit, MSN, RNC-OB, IBCLC, C-EFM <u>marinda.awhonn@gmail.com</u>

Education Coordinator Robyn Garrett, MSN, RNC-OB, C-EFM rrgarrettrnc@gmail.com

Vendor Management Coordinator Sherri Mendelson tomsherri1@cca.rr.com Legislative Coordinators Tracy Weeber - Northern California t<u>racy.weeber@gmail.com</u>

Amy Scott - Southern California <u>msamy67@gmail.com</u>

Membership Coordinator Laura Senn, RN, PhD, CNS LauraSennCNS@gmail.com

Hospital Liaison

Holly Gless gless.international@gmail.com

OPENINGS 1 SoCal Membership Coordinator 3 SoCal Section Engagement Liason Section Fundraising Coordinator

Marketing Coordinator Sharon Dey-Layne, RNC-HROB, MSN, CNS, C-OB, C-ONQS <u>shardey99@gmail.com</u>

Accountability, Belonging, and Culture Coordinator Brandy Frye, MSN, RNC-OB, CCRN-K, TNCC <u>brachelmsn@gmail.com</u>

Section Student Engagement Liasons Susan Collins suescollins@yahoo.com

Nicole McCaughin nmccaughin@gmail.com

Zoe Gjestvang gjestvangzoe@gmail.com

CHAPTER UPPATES

Some chapters are still looking for dedicated volunteers to fill vacancies. Please see below and contact the Chapter Coordinator, listed, if you are interested SOUTH BAY/LONG BEACH CHAPTER

> Chapter Coordinator Rosemarie Cervantes rxcervantes@gmail.com

Secretary/Treasurer Annette Benavides abenavides@westernu.edu

OPENINGS: Education, Membership, Legislative, Hospital Liaison

Annette is an Assistant Professor in the Master of Science in Nursing- Entry Program at Western University of Health Sciences College of Graduate Nursing. She earned a Bachelor of Science in Biology from University of California, Irvine, a Bachelor of Science in Nursing (BSN) from California State University, Los Angeles, and a Master of Science in Nursing Education in 2019. Annette has been a nurse for over 30 years with expertise in Obstetrical Nursing. She has diverse experience as a labor and delivery nurse including leadership roles, clinical education, and quality and safety. She holds a National Certification in Intrapartum Nursing.



LA VALLEY CHAPTER

Secretary/Treasurer Wendy Kim, MSN, RNC-OB, C-EFM wendy.kim.323@gmail.com

OPENINGS:Chapter Coordinator, Education, Membership, Legislative, Hospital Liaison CENTRAL VALLEY CHAPTER Chapter Coordinator Myoshi Lee

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SANTA CLARA/SANTA CRUZ CHAPTER

OPENINGS: Chapter Coordinator, Secretary/Treasurer, Education, Membership, Legislative, Hospital Liaison

SANTA BARBARA/VENTURA CHAPTER

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OPENINGS: Education, Membership, Legislative, Hospital Liaison

EAST BAY CHAPTER

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OPENINGS: Education, Membership, Hospital Liaison, Legislative

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OPENINGS: Legislative, Hospital Liaison



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OPENING: Hospital Liaison

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OPENING: Hospital Liaison, Membership

ORANGE COUNTY CHAPTER

Chapter Coordinator Barbara Mauger, DNP, RN, NPD-BC, RNC-OB barbarablack10@hotmail.com

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> Hospital Liaison Laura Dragan Idraganrnc@hotmail.com

OPENING: Hospital Liaison

SACRAMENTO CHAPTER



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> > Education Cindy Garcia, RN

Legislative Jennifer Ayala, MSN, RNC-OB, EFM-C, PMH-C

> Hospital Liaison Justine Arechiga Justinelynn08@gmail.com

Membership Erica Leon, RNC-OB, BSN, PHN <u>ericaleon812@gmail.com</u>



AWHONN CA P11

STUDENT MEMBER UPDATES

Jade Delgadillo

I currently attend California State University San Marcos I graduated in December 2023. I heard about AWHONN from my OB clinical instructor. My dream position is to become a labor & delivery/postpartum RN. I am very excited for the future ahead of me. I did my internship at Scripps La Jolla in Labor & Delivery for my last semester. Fun facts about myself:

I love to go snowboarding in the Winter. I am an animal lover; I have 4 dogs and 2 cats.





My name is Jessica Hernandez, and I go by Jess. I have 2 sassy pets, a dog named Kylie and a kitten named Storm. I'm the first one in my family to become a nurse, hopefully not the last. I graduated from UCI with my MSN back in June 2023.

I heard about AWHONN during nursing school and again through my clinical instructor, Sue Stone.

I just landed my dream job with UCSD's perinatal department via their new graduate program.

Chantal Kayleen Barbosa.

I graduated from Santa Ana College December 2023. I entered nursing school with the dream of becoming a NICU nurse and I still hope to achieve that goal one day, however after my second semester obstetrics course, I found that I really enjoy maternal healthcare as well. The lecture material just resonated with me, and I loved every minute of my OB clinicals. I had already been enrolled as a NAAN student member and it was after I finished my second semester that I decided that I also wanted to become an AWHONN student member because of my passion for both specialties. I ultimately do not know where I will end up yet, but one of the beauties of nursing is that I do not have to choose between either specialty because I know that one day I will get to experience working in both specialties as an R.N.





AWHONN CA P12

REGISTER NOW!



June 7-11 | Phoenix, AZ





General Sessions

GS1: Opening Keynote: Lifting Up Maternal Mental Health (1.0 nursing contact hours) The United States is undergoing a mental health crisis, and...

🚝 AWHONN Convention /



2024 Preconvention Workshops

PC1: Critical Care Obstetrics: Optimizing Collaborative Care (3.75 nursing contact hours)

AWHONN Convention /