



# GREETINGS FROM THE SECTION CHAIR



Sue Stone  
Section  
Chair

Happy Fall Everyone!

As we enter the 4th Quarter of 2024, the AWHONN CA Section and Chapter Leadership teams have been busy behind the scenes preparing for exciting upcoming events.

Read on to learn about virtual and in person events during the next few months throughout California.

Our AWHONN CA Leadership Development Conference was held at the end of September and coincided with National Diaper Awareness Week. Our leadership team came together for a rewarding weekend of knowledge sharing, brainstorming and self-care activities. Several AWHONN Student and New Grad members had the opportunity to join us as a volunteer and share opportunities for networking and exploration within our professional organization. Sweet Beginnings Diaper Bank in Martinez, CA founded by a fellow RN Lisa Sweet received nearly 4000 diapers and wipes from our generous team. Many thanks to Hologic for supporting our event.

Hope you got to participate in the EWEB Virtual 5k Your Way during Perinatal Nurses Week from October 10-16. Proceeds help support new lives as well as professional growth for nurses through scholarships and grants.

Thank you for spreading the word and encouraging friends, colleagues, and students to become AWHONN members and make a difference in the lives of our birthing families and newborns.

Warmly,  
Sue Stone



Greetings AWHONN California,

Registration is open for the 2025 CA Conference! Get your Early Bird Tickets now before October 31st! We look forward to hearing from our speakers about low-dose aspirin, reproductive justice, antenatal breast expression, and many more relevant, up-to-date topics. We have a great line-up scheduled for you!

At our Annual CA Leadership Development Conference, we were honored to have two students, Emily Broadwater and Sarah Shuster, and four new graduate RNs, Mia Navarro, Lauren Vanier, Megan Burton, and Sarah Larsen, join us. They saw the Section and Chapter Leaders in action and learned about the great things we do as an organization. It was a great learning experience for them, and it was amazing to hear their perspectives and learn how we can engage student members and new graduates throughout California. Check out this [LDC 2024 Recap](#) compliments of one of our guests, Mia Navarro!

If you want to join our volunteer team on the chapter or section level, please submit an interest form through the link on our home page at [california.awhonn.org](http://california.awhonn.org).

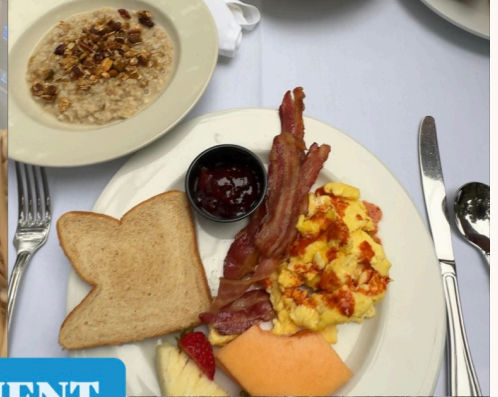
As always, look after yourselves and keep doing great things!

Your Secretary-Treasurer,  
Marinda du Toit

# GREETINGS FROM YOUR SECRETARY/TREASURER



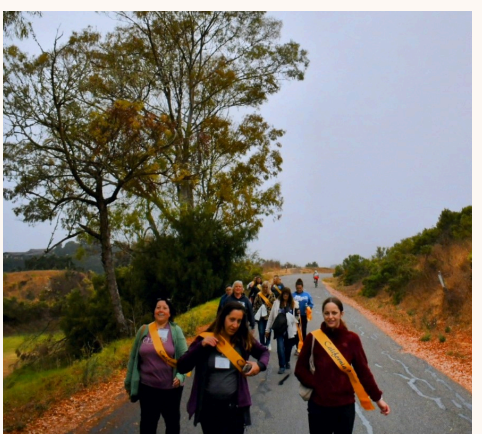
# 2024 AWHONN LEADERSHIP CONFERENCE



CA AWHONN

## LEADERSHIP DEVELOPMENT CONFERENCE 2024

Sycamore Springs | San Luis Obispo | September 27-29



# 2024 AWHONN LEADERSHIP CONFERENCE



# CA SECTION & CHAPTER LEADERS AT 2024 LDC



## YOUR SECTION LEADERSHIP TEAM

### Section Chair

Sue Stone, MSN RN PHN RNC-OB, C-EFM  
[srstone.rn@gmail.com](mailto:srstone.rn@gmail.com)

### Legislative Coordinators

Tracy Weeber - Northern California  
[tracy.weeber@gmail.com](mailto:tracy.weeber@gmail.com)

### Accountability, Belonging, and Culture Coordinator

Brandy Frye, MSN, RNC-OB, CCRN-K, TNCC  
[brachelmsn@gmail.com](mailto:brachelmsn@gmail.com)

### Section Secretary/Treasurer

Marinda du Toit, MSN, RNC-OB, IBCLC, C-EFM  
[marinda.awhonn@gmail.com](mailto:marinda.awhonn@gmail.com)

Amy Scott - Southern California  
[msamy67@gmail.com](mailto:msamy67@gmail.com)

### Membership Coordinator

Laura Senn, RN, PhD, CNS  
[LauraSennCNS@gmail.com](mailto:LauraSennCNS@gmail.com)

### Section Student Engagement Liasons

Susan Collins  
[suescollins@yahoo.com](mailto:suescollins@yahoo.com)

### Education Coordinator

Robyn Garrett, MSN, RNC-OB, C-EFM  
[rrgarrettrnc@gmail.com](mailto:rrgarrettrnc@gmail.com)

Nicole McCaughin  
[nmccaughin@gmail.com](mailto:nmccaughin@gmail.com)

### Marketing Coordinator

Sharon Dey-Layne, RNC-HROB, MSN, CNS,  
 C-OB, C-ONQS  
[shardey99@gmail.com](mailto:shardey99@gmail.com)

Hospital Liaison  
 Holly Gless, MSN, RNC-OB  
[gless.international@gmail.com](mailto:gless.international@gmail.com)

### Vendor Management Coordinator

Sherri Mendelson  
[tomsherri1@ca.rr.com](mailto:tomsherri1@ca.rr.com)

### VACANCY:

Section Fundraising Coordinator

# LEGISLATIVE UPDATE

Amy Scott, Southern CA  
Tracy Weeber, Northern CA

## What we advocated for during the Federal 118th Congress-

HR 5568 / S 2846 Community Access, Resources, and Empowerment (CARE) for Moms Act

House – Energy and Commerce; Education and the Workforce; Ways and Means Committees

Senate – Finance Committee

No movement since September 2023

S 1573 Preemie Reauthorization Act of 2023

Senate – Health, Education, Labor, and Pensions Committees

Placed on Senate Legislative Calendar under General Orders. Calendar No. 223.

No movement since October 2023

S 2415 Preventing Maternal Deaths Reauthorization Act of 2023

Senate – Health, Education, Labor, and Pensions Committees

Placed on the Senate Legislative Calendar under General Orders. Calendar No. 225.

No movement since October 2023

## California legislative updates-

California Code, Health and Safety Code - HSC § 123367 (Hospital Infant Feeding Act) requires all hospitals with a perinatal unit, by January 1, 2025, to adopt the “Ten Steps to Successful Breastfeeding,” per the Baby-Friendly Hospital Initiative, or the California Model Hospital Policy and practices that promote evidence-based breastfeeding guidance and support. All hospitals providing maternity care shall make available a breastfeeding consultant or alternatively, provide information to the birthing parent on where to receive breastfeeding information.

AB 3059 Human Milk. Specifies that a general acute care hospital is not required to have a license to operate a tissue bank to store or distribute pasteurized donor human milk that was obtained from a tissue bank licensed by the State Department of Public Health. Approved by Governor Newsom 9.29.24. Chaptered by Secretary of State. Chapter 975, Statutes of 2024.

SB 729 Health Care Coverage: Treatment for Infertility and Fertility Services. Requires large and small group health care service plan contracts and disability insurance policies issued, amended, or renewed on or after July 1, 2025, to provide coverage for the diagnosis and treatment of infertility and fertility services. Approved by Governor Newsom 9.29.24. Chaptered by Secretary of State. Chapter 930, Statutes of 2024.

## LEGISLATIVE UPDATE

Amy Scott, Southern CA  
Tracy Weeber, Northern CA

# VOTE

In California, the deadline to register to vote for any election is 15 days before Election Day, so please register early!

*Register by October 21st!*



ACCOUNTABILITY, BELONGING & CULTURE Brandy Frye



*A safe place to learn, grow, understand.*

My skin color is different from yours.  
My life experiences are different from yours.  
Let's listen to each other's stories.  
Together let's build some peace.

*We can bring peace to America.*

Five white people and five people of color meet via zoom with trained facilitators for six weeks.



You can learn more at [www.OurStoriesOnRace.org](http://www.OurStoriesOnRace.org).



In the spirit of inquiry and to better understand ourselves as well as those we serve, the CA AWHONN section leadership team is launching a pilot program in the Spring of 2024

The terrifying rate of morbidity and mortality experienced by people who do not identify as white is stunning! Nurses must come together as social justice advocates and be part of the solution. To fully address health disparities and to better serve the marginalized populations within our communities we must be willing to have brave conversations on our lived experiences This program is a six-week program entitled Our Stories. If you are interested in hearing more about this program and possibly participating in the pilot, please access using the QR code above and complete the form.

# INTERNATIONAL NEWS



Our own CA National AWHONN Board Member, Katrina Johnson traveled all the way to Trinidad & Tobago to teach OPS





# DIAPER DRIVE

In support of National Diaper Awareness Week, 9/23-9/29/24, our California Section hosted a diaper drive to benefit Sweet Beginnings Diaper Bank in Martinez, CA. This non-profit was founded by Lisa Sweet, a fellow RN. Huggies will matched the number of diapers & wipes.

We donated more than 4000 diapers and wipes!  
Thank you!



# CHAPTER UPDATES

Some chapters are still looking for dedicated volunteers to fill vacancies.  
Please see below and contact the Chapter Coordinator, listed, if you are interested

## SANTA BARBARA/VENTURA CHAPTER

**Chapter Coordinator**  
Rebecca Licha, RNC-OB  
[becca@beccalicha.com](mailto:becca@beccalicha.com)

**Hospital Liaison**  
Karen Pelone  
[kpelone@aol.com](mailto:kpelone@aol.com)

VACANCIES: Secretary Treasurer, Education,  
Membership, Legislative

## CHICO CHAPTER

**Chapter Coordinator**  
Lori Silva  
[Lori.rn64@gmail.com](mailto:Lori.rn64@gmail.com)

**Secretary/Treasurer**  
Karen Murphy  
[karbearmurphy@gmail.com](mailto:karbearmurphy@gmail.com)

**Education**  
Ann Brennan  
[Chicoanna@yahoo.com](mailto:Chicoanna@yahoo.com)

**Membership**  
Luz Alva  
[Luzalva@sbcglobal.net](mailto:Luzalva@sbcglobal.net)

**Hospital Liaison**  
Linda Rowe  
[lrowe7@juno.com](mailto:lrowe7@juno.com)

VACANCY: Legislative

## SALINAS/MONTEREY BAY CHAPTER

**Chapter Coordinator**  
Julie Vasher, DNP, RNC-OB, CNS, C-EFM  
[julievcs@gmail.com](mailto:julievcs@gmail.com)

**Secretary/Treasurer**  
Janeen Whitmore, PhD, DNP, RN, CNE,  
CHSE  
[Janeen.awhonn@gmail.com](mailto:Janeen.awhonn@gmail.com)

VACANCIES: Education, Membership,  
Hospital Liaison, Legislative

## CENTRAL VALLEY CHAPTER

**Chapter Coordinator**  
Myoshi Lee, MSA-HCMC-EFM, RNC-OB,  
[avocante03@aol.com](mailto:avocante03@aol.com)

**Secretary/Treasurer**  
Erin Kavanagh  
[erin.kavanagh89@gmail.com](mailto:erin.kavanagh89@gmail.com)

**Education**  
Christine Leach  
[christineleach86@gmail.com](mailto:christineleach86@gmail.com)

**Hospital Liason**  
Brenda McMurtrey, RN, BSN, MBA-HCM, C-EFM  
[Brenda.mcmurtrey@dignityhealth.org](mailto:Brenda.mcmurtrey@dignityhealth.org)

VACANCIES: Membership, Legislative

## LA VALLEY CHAPTER

**Secretary/Treasurer**  
Wendy Kim, MSN, RNC-OB, C-EFM  
[wendy.kim.323@gmail.com](mailto:wendy.kim.323@gmail.com)

**Education**  
Taylor De La Houssaye, BSN, RN  
[delahoussayetaylor@gmail.com](mailto:delahoussayetaylor@gmail.com)

VACANCIES: Chapter Coordinator,  
Membership, Legislative,  
Hospital Liaison

## SOUTH BAY/LONG BEACH CHAPTER

**Chapter Coordinator**  
Rosemarie Cervantes  
[rcervantes@gmail.com](mailto:rcervantes@gmail.com)

**Secretary/Treasurer**  
Annette Benavides  
[abenavides@westernu.edu](mailto:abenavides@westernu.edu)

VACANCIES:  
Education, Membership, Legislative,  
Hospital Liaison

## EAST BAY CHAPTER

VACANCIES: Chapter Coordinator,  
Secretary/Treasurer, Education,  
Membership, Legislative, Hospital  
Liaison

# CHAPTER UPDATES

## SILICON VALLEY/SANTA CRUZ CHAPTER

### Chapter Coordinator

Stephanie Reggiardo, MSN, RNC-OB, C-EFM, C-ONQS, CPHQ  
[sapalomar@gmail.com](mailto:sapalomar@gmail.com)

### Secretary Treasurer

Pomaikai Neil  
[pomaikai.neil@gmail.com](mailto:pomaikai.neil@gmail.com)

### Legislative

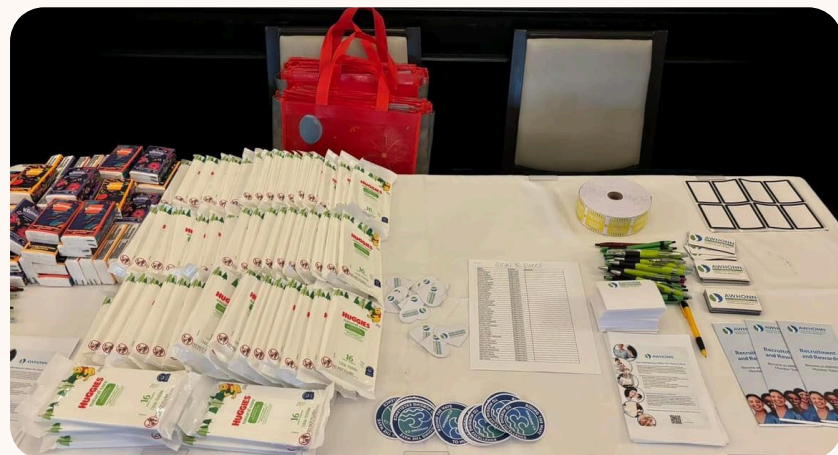
Kathryn Kramer  
[Kcolver@yahoo.com](mailto:Kcolver@yahoo.com)

### Hospital Liaison

Jacqueline Nguyen  
[Jtnguyen.rn@gmail.com](mailto:Jtnguyen.rn@gmail.com)

VACANCIES: Education (pending),  
 Membership,

Silicon Valley/Santa Cruz chapter had a fantastic first event! Jada by Organon hosted a dinner for us at Maggiano's and we had about 40 people. Wonderful turn out and the energy was amazing. Everyone seemed excited to know more AWHONN opportunities in their area were coming. Hope to see more of you at the next ones!



# CHAPTER UPDATES

## SAN DIEGO CHAPTER

### Chapter Coordinator

Allyson Sapp, MSN, RNC-OB  
[ahsapp@gmail.com](mailto:ahsapp@gmail.com)

### Secretary/Treasurer

Carroll-Ann Daley, MSN, RNC-OB  
[carrollann.daley@sharp.org](mailto:carrollann.daley@sharp.org)

### Membership

Kim Paiva, BSN, RNC-OB  
[kimmypaiva@gmail.com](mailto:kimmypaiva@gmail.com)

### Education

Amy Murray, CNS, MSN, RNC-OB  
[nurseamy2008@gmail.com](mailto:nurseamy2008@gmail.com)

### Legislative

Sharon Aduna, MSN, RN  
[Sharon.aduna@sharp.com](mailto:Sharon.aduna@sharp.com)

### Hospital Liaison

Rose Haselhuhn, MSN, RNC-EFM  
[Rosebudhrn@yahoo.com](mailto:Rosebudhrn@yahoo.com)

## SF BAY AREA/NORTH BAY CHAPTER

### Chapter Coordinator

Sheri Buda  
[sabuda3@gmail.com](mailto:sabuda3@gmail.com)

### Secretary/Treasurer

Amy Bradley, MSN, RNC-OB  
[asilverstar.bradley@gmail.com](mailto:asilverstar.bradley@gmail.com)

### Education

Kelley Lee-Brennan  
[kelley.l.brennan@gmail.com](mailto:kelley.l.brennan@gmail.com)

### Membership

Samantha Buda  
[samibuda@gmail.com](mailto:samibuda@gmail.com)

### Legislative

Meghan Duck  
[meghan.m.duck@gmail.com](mailto:meghan.m.duck@gmail.com)

VACANCY: Hospital Liaison

## SAN JOAQUIN COUNTY CHAPTER

### Chapter Coordinator

Juli Weaver, MSN, RNC-OB, C-EFM  
[jweaver.rn@sbcglobal.net](mailto:jweaver.rn@sbcglobal.net)

### Secretary/Treasurer

Erica Marchand, BSN, RNC-OB  
[ericabmarchand@yahoo.com](mailto:ericabmarchand@yahoo.com)

### Education

Angela Almanza, MSN, RNC-OB  
[Angelaalmanza24@icloud.com](mailto:Angelaalmanza24@icloud.com)

### Legislative

Melissa Mora  
[melissa@peakrn.com](mailto:melissa@peakrn.com)

VACANCIES: Hospital Liaison, Membership

## SACRAMENTO CHAPTER

### Chapter Coordinator

Melaney Stricklin, MSN, RNC-OB, C-EFM  
[melaneyst@gmail.com](mailto:melaneyst@gmail.com)

### Secretary/Treasurer

Rachel Fanelli  
[rfanelli89@gmail.com](mailto:rfanelli89@gmail.com)

### Membership

Leslie Thielen  
[nickjoedrew@gmail.com](mailto:nickjoedrew@gmail.com)

### Education

Stacey Stark, MSN, RNC-OB, C-EFM  
[sstark425@gmail.com](mailto:sstark425@gmail.com)

### Legislative

Beth Hennessy  
[bethhennessyrn@gmail.com](mailto:bethhennessyrn@gmail.com)

### Hospital Liaison

Angelique Silva  
[angelique.i.silva@gmail.com](mailto:angelique.i.silva@gmail.com)

## ORANGE COUNTY CHAPTER

### Chapter Coordinator

Barbara Mauger, DNP, RN, NPD-BC, RNC-OB  
[barbarablack10@hotmail.com](mailto:barbarablack10@hotmail.com)

### Secretary/Treasurer

Kathy Ayala, MSN, RN-BC  
[kathyayala1218@gmail.com](mailto:kathyayala1218@gmail.com)

### Education

Lauren Bendon  
[lauren.bendon@gmail.com](mailto:lauren.bendon@gmail.com)

### Legislative

Sherri Hatch  
[nurseslhatch@gmail.com](mailto:nurseslhatch@gmail.com)

### Membership

Brittany Silva  
[brittany\\_grant1024@yahoo.com](mailto:brittany_grant1024@yahoo.com)

### Hospital Liaison

Laura Dragan  
[ldraganrnc@hotmail.com](mailto:ldraganrnc@hotmail.com)

# CHAPTER UPDATES

## INLAND EMPIRE CHAPTER

The Inland Empire Chapter held an all day symposium at RUHS in Moreno Valley. We honored our long-time Chapter Coordinator, Denise Indermhule, with a wonderful tribute written and read by Cindy Garcia! We held a diaper drive at the same time with donations in kind and online.

There were 84 attendees and we had break out sessions in the afternoon. We had 7 vendors and continental breakfast, a boxed lunch and afternoon snacks. The topics covered were: congenital syphilis, maternal hemorrhage, neonatal sepsis, Eat, sleep and console, Effective 2nd stage pushing and ERAC.

It was a great day for learning, networking and winning raffle prizes! Two of our board members stayed active and involved even in their 3rd trimester!



**Chapter Coordinator**  
Pat Spier, RNC, BSN, FM-C  
[patspierawhonn.ie@gmail.com](mailto:patspierawhonn.ie@gmail.com)

**Secretary/Treasurer**  
Josie Lopez, MSN, RNC-OB, C-EFM  
[Jslopez525@gmail.com](mailto:Jslopez525@gmail.com)

**Education**  
Cindy Garcia, RN  
[cindygarci232@gmail.com](mailto:cindygarci232@gmail.com)

**Legislative**  
Jennifer Ayala, MSN, RNC-OB, EFM-C, PMH-C  
[jm202610@gmail.com](mailto:jm202610@gmail.com)

**Hospital Liaison**  
Justine Arechiga  
[Justinelynn08@gmail.com](mailto:Justinelynn08@gmail.com)

**Membership**  
Erica Leon, RNC-OB, BSN, PHN  
[ericaleon812@gmail.com](mailto:ericaleon812@gmail.com)



# CHAPTER UPDATES





# NEW!

## AWHONN CA STUDENT/NEW GRAD INTERNSHIP PROGRAM

ONE YEAR TERMS, JAN 1 - DEC 31

We will be accepting applications for student/new grad interns for 2025 starting November 1. Applications will close Nov 30. Successful applicants will be notified by Dec 4th, and will be starting their term January 1, 2025.

For more information, submit your interest form [here](#)



## MEET OUR STUDENTS & NEW GRADS

My name is Ashley Schmidt-Tucker I just graduated from Sierra College's ADN program and I'm currently attending Sac State's BSN merger program for my bachelor's in Nursing. I heard about AWHONN through one of my clinical professors.

My dream position is to work at a Level IV Intensive Care Nursery at a Magnet Hospital.

Fun fact about me, I have a 9 year old daughter who was the biggest supporter during my nursing school journey. It was our graduation :)



Hello from Shelley Paporlonte I look forward to being at my first 2025 AWHONN Conference in NorCal and appreciate the opportunity to be highlighted in the AWHONN Newsletter. I love extreme sports and thrill-seeking activities like ATV riding, ziplining, and indoor skydiving.

I am attending the University of Massachusetts Global

I am graduating October 21, 2024

I heard about AWHONN through taking ALSO after being NRP certified.

My dream position is to become a labor and delivery RN at either Naval Medical Center San Diego or Camp Pendleton and serve the servicemembers in our communities



## MEET OUR STUDENTS & NEW GRADS



My name is Deul Myung, and I'm a recent MSN graduate from UCI. I recently passed my NCLEX and am currently looking for L&D positions.

I love trying new places to eat & traveling!

I attended the University of California, Irvine and graduated on June 17th, 2024

I heard about AWHONN when the CA Section Chair, Sue lectured in our OB class :)

My dream position is to be a nurse in labor and delivery or in the mother-baby unit.

My name is Hannah Jacob and I am currently a senior nursing student at Texas Christian University in Fort Worth Texas. I will be graduating this December.

Post graduation I am hoping to work in labor and delivery in northern California!

A fun fact about me is that I am a twin. I heard about AWHONN through my maternity Professor at school.



# UPCOMING EVENTS

## AWHONN California Section Legislative Learning Session Tuesday, October 22, 2024 7-8 pm

**Presented by:**

**Amy Scott, MSN, WHNP-BC, RNC-OB**  
California Section Southern CA Legislative Coordinator  
**Tracy Weeber, MN, RNC-OB, C-EFM, C-ONQS**  
California Section Northern CA Legislative Coordinator  
**Meghan Duck, MS, RNC-OB, C-EFM, CNS**  
San Francisco Bay Area/North Bay Chapter Legislative Leader  
**Kathryn Kramer, PhD, MPH, RNC-OB, C-EFM**  
Silicon Valley/Santa Cruz Chapter Legislative Leader

Please join this Zoom webinar to learn about “many things legislative” from what AWHONN asks us to advocate for (and strategies on how to do this), to Federal and California legislative calendars, and how to stay in the know directly from your congresspersons.

This FREE interactive session includes Q&A time. See you there!



San Francisco Bay Area AWHONN presents  
a webinar

## Antenatal Corticosteroids: Timing, Controversy, and Implementation in Practice

Thursday, November 14 5:30–7:30

### Learning Objectives

1. Review fetal lung development
2. Summarize recently published clinical studies
3. Describe current recommendations
4. Discuss controversies

**Presentation by:**

**Micheal Ruma M.D., M.P.H.**

Use link to register

[https://my.awhonn.org/NC\\_Event?id=a0lVO000001uXbpYAE](https://my.awhonn.org/NC_Event?id=a0lVO000001uXbpYAE)

AWHONN Member - \$5

Non-Member - \$10



1 CE will be earned for full event attendance. This provider has been approved by the California Board of Registered Nursing, BRN Provider Number 580. This certificate must be retained by the licensee for a period of four (4) years after the course concludes. If you are unable to attend you may request a refund up until 7 days before the event by emailing [awhonn.casection@gmail.com](mailto:awhonn.casection@gmail.com)

# UPCOMING EVENTS

## Obstetric Patient Safety: OB Emergencies Workshop 3rd Edition

Despite efforts from many collaborating agencies and professional organizations, the maternal mortality rate in the United States continues to remain high. The **Obstetric Patient Safety (OPS): Obstetric Emergencies Workshop 3rd Edition** is designed to help clinicians identify, assess, and manage the care for patients with an obstetric emergency through simulation and debriefing. Clinicians working in the following departments: perinatal, emergency, medical-surgical, ICU, and critical access will find this course essential to caring for patients experiencing an obstetric emergency.



### LEARNING OUTCOMES:

Identify key factors that place the patient at higher risk for an obstetric emergency.

Demonstrate effective management for pregnant or postpartum person during an obstetric emergency.

Role-play with a multidisciplinary team using simulation-based cognitive, behavioral, and technical learning strategies to practice management of a patient experiencing an obstetric emergency.

### PARTICIPANT MATERIALS:

The cost is \$120 and can be purchased through the AWHONN Store

Materials include the prerequisite course, participant handouts, and Workshop resources. Nursing contact hours or CME: 10.75 (0.75 pharmacy) Expires: May 31, 2025

**NOTE:** Successful completion of the prerequisite course is required prior to attending the live portion of the Workshop.

**Workshop Date:** December 20th, 2024

**Workshop Time:** Registration 730a; Class: 8a -430p

**Location:** Enloe Conference Center

**Registration Fee:** \$50 (you will need to purchase your student modules from the AWHONN store)

**Registration/Payment Deadline:** November 18th, 2024

**Submit Registration/Payment To:** Check to "Enloe Health" sent to Tracy Weeber, 3 Marlin Court, Chico, California 95973

**Additional information:** Please dress in layers in comfortable clothing. Lunch is not included.

The course content also meets the Joint Commission requirements for PC 06.01.01 Reduce the likelihood of harm related to maternal hemorrhage and PC.06.03.01 Reduce the likelihood of harm related to maternal severe hypertension/preeclampsia.

Diplomates who successfully complete this approved simulation activity are eligible to receive Part IV Practice Improvement credit for the American Board of Obstetrics and Gynecology (ABOG) Maintenance of Certification (MOC) program. Please review the current MOC Bulletin for further information: ABOG MOC Bulletin.

# UPCOMING EVENTS



## 2025 SECTION CONFERENCE



### AWHONN CA: RIDING THE WAVE TO NURSING EXCELLENCE

**TOPICS INCLUDE :**

- Birth Trauma
- Antenatal Milk Expression
- Reproductive Health, Rights and Justice
- Low Dose Aspirin
- Maternal Sepsis

**OBJECTIVES INCLUDE:**

- Recognize Birth Trauma
- Summarize current recommendations for Low Dose Aspirin use
- Define Reproductive Health Equity



**FEBRUARY 20, 2025 - S.T.A.B.L.E. ANTENATAL, & STUDENT/NEW GRAD PRE-CONFERENCES.**



**FEBRUARY 21-22, 2025 - MAIN CONFERENCE**



**0800 - 1700**



**170 S MARKET ST, SAN JOSE, CA**



KEYNOTE SPEAKER

**JONATHAN WEBB**

AWHONN CEO



KEYNOTE SPEAKER

**CHERYL BELLAMY**

AWHONN PRESIDENT



SPEAKER

**SARAH LAVONNE**

BUNDLE BIRTH NURSES



SPEAKER

**KRIS LINDEMAN**

NURSE CONSULTANT



SPEAKER

**KAYLEIGH SUMMERS**

THE BIRTH TRAUMA MAMA



**HOTEL REGISTRATION**

PRE-REGISTRATION IS REQUIRED; NO TICKETS WILL BE AVAILABLE AT THE DOOR. GET YOUR EARLY BIRD PRICING NOW THROUGH OCTOBER 31ST 2024!

FULL REFUND WILL BE ISSUED IF REQUESTED BEFORE 11/30/2024. 50% REFUND WILL BE ISSUED IF REQUESTED BEFORE 12/31/2024. UP TO \$30 PROCESSING FEES WILL APPLY. NO REFUNDS WILL BE ISSUED AFTER 01/01/2025.

10.5 CEs will be earned for full conference attendance. The CE provider has been approved by the California Board of Registered Nursing, BRN Provider Number 12012. This certificate must be retained by the licensee for a period of four (4) years after the course concludes.



**CONFERENCE REGISTRATION**

# UPCOMING EVENTS

PLEASE JOIN US FOR "SACRAMENTO AWHONN CHAPTER PRESENTS LISA MILLER" ON TUESDAY MARCH 25, 2025 OR THURSDAY, MARCH 27, 2025. IT WILL BE THE SAME CONTENT FOR BOTH DAYS. THESE EVENTS ARE IN PERSON! IT WILL BE HELD AT THE UC DAVIS MIND INSTITUTE IN SACRAMENTO CA. BREAKFAST LUNCH AND A SNACK WILL BE PROVIDED. THERE WILL ALSO BE VENDORS AND LOTS OF GIVEAWAYS.



# AWHONN

CALIFORNIA

PROMOTING THE HEALTH OF  
WOMEN AND NEWBORNS

Sacramento AWHONN Chapter Presents Lisa Miller, CNM, JD

Join us at the  
UC Davis Mind Institute  
2825 50TH ST, Sacramento, CA 95817

Tuesday, March 25, 2025,  
8am-5pm  
Complimentary lunch

**FALL  
SALE!**



[https://my.awhonn.org/NC\\_Event?id=a0M0000002EzNSYA0](https://my.awhonn.org/NC_Event?id=a0M0000002EzNSYA0)

**Regular pricing begins  
January 1, 2025!**

AWHONN Member Pricing:

- Fall Sale- \$249
- Regular- \$299

Non-Member Pricing:

- Fall Sale- \$299
- Regular- \$349

Full refund if event canceled.  
Full refund if requested prior 4/1/2024.  
No refund after 4/1/2024

**Lisa Miller, CNM, JD**



- Identify knowledge gaps in fetal monitoring and labor management
- Apply an evidence-based approach of standardized interpretation, terminology, and management to intrapartum EFM
- Discuss the relationship between uterine activity and fetal oxygenation
- Describe the relationship between documentation & litigation

7 CE's will be earned for full event attendance. The CE provider has been approved by the California Board of Registered Nursing, BRN Provider Number 12012. This certificate must be retained by the licensee for a period of four (4) years after the course concludes.



# AWHONN

CALIFORNIA

PROMOTING THE HEALTH OF  
WOMEN AND NEWBORNS

Sacramento AWHONN Chapter Presents Lisa Miller, CNM, JD

Join us at the

UC Davis Mind Institute

2825 50TH ST, Sacramento, CA 95817

Thursday, March 27, 2025,

8am-5pm

Complimentary lunch

**FALL  
SALE!**



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